

PROMPT PACK - DAY KIT

Day 1 Prompt Pack — Copy, Paste, Customize

Replace every [SQUARE-BRACKET PLACEHOLDER] with your own details before running.

PROMPT 1 Journey Visualization Creator

Use case: Mapping your 31-day learning path · Tool: **Gamma**

Create a visual roadmap of the 31-day program. Include the four phases, key milestones, and your personal certification goal. Structure it as a single-page timeline with icons for each major section. Use the brand colors: deep blue (#1E3A8A), teal (#0891B2), and gold (#F59E0B).

What a strong result looks like: A visual timeline with icons for each phase, milestone markers, and a personal certification statement at the end.

PROMPT 2 Framework Comparison Matrix

Use case: Understanding when and how to use each framework · Tool: **ChatGPT**

Create a comparison table of the three core frameworks (4A, C.R.A.F.T., K.I.C.K.). For each framework, list: 1) its primary purpose, 2) the stage of training it applies to, 3) its key components, and 4) one example of how it's used in a corporate training context.

What a strong result looks like: A table with three columns (one per framework) and four rows showing purpose, application stage, components, and examples.

PROMPT 3 AI Toolkit Setup Guide

Use case: Configuring your AI tools for maximum productivity · Tool: **ChatGPT**

Generate a setup checklist for the AI tools we'll use throughout the program: ChatGPT, Claude, Gamma, Google Slides, Canva, Mentimeter, Slido, Zoom, Kahoot, Perplexity. For each tool, list: 1) the primary use case in this program, 2) a brief setup step, and 3) one pro tip for maximizing its effectiveness.

What a strong result looks like: A checklist with 10 items, one per tool, with setup instructions and productivity tips.

PROMPT 4 Personalized Learning Plan

Use case: Creating your 31-day study schedule · Tool: **ChatGPT**

Based on my role as [YOUR ROLE] and my learning goal of [YOUR SPECIFIC GOAL], create a personalized 31-day study schedule. Include: 1) which days to focus on most intensely, 2) suggested daily time commitment, 3) weekly review checkpoints, and 4) buffer days for review before the capstone.

What a strong result looks like: A calendar view showing daily focus areas, with recommended time blocks and weekly review days highlighted.

PROMPT 5 Trainer Self-Assessment

Use case: Evaluating your current training strengths and gaps · Tool: **Claude**

Conduct a self-assessment of my current training capabilities using these dimensions: 1) Workshop design, 2) Facilitation skills, 3) Participant engagement, 4) Content knowledge transfer, 5) AI tool proficiency. Rate each on a scale of 1-5 and identify the top two priority areas for development during this program.

What a strong result looks like: A radar chart showing current skill levels across all five dimensions with development priorities highlighted.